

Western Hajar - Jebel Shams - W6a - Rim walk along the west flank of the Nakhr gorge



You can start this trek as a descent from Al Katsem near Jebel Shams Resort, or for an ascent you will need to start from the entrance of Wadi Nakhr, where you will see the old houses built into the rock face. This trek offers some good views into Wadi Al Nakhr and also leads into the ancient abandoned houses built into the rocks at lower points of the mountain, into Wadi Ghool. This will also suit those trekkers who like to add endurance into their treks.

Start: As for W6 or from old Village in Wadi Ghool

Altitude: 700 metre to 1950m

Distance: 6 km,

Walking time: 3,5 to 4,5 hrs (This is very minimum and based on a fit individual used to trekking/climbing). Please allow between 4 – 6 hours for less experienced trekkers/climbers.

GRADE 2

Base: Jebel Shams Resort on Jebel Shams Plateau

The route is marked and signposted which can be easily recognised by the brown coloured signboards pointing to the beginning of the marked treks. Also with painted markers along the route in the trekking route colours of red, white and yellow.

Jebel Shams Resort can offer a guided service for your group at a price of 55 OMR.

Western Hajar - Jabal Shams - W6 Cliff - Walk to the abandoned village



An exiting easy walk along the steep canyon walls to an old village, bringing you back in time hundreds of years.

Start: Village Al Khatim

Walking time: 1 hr 15 min one way

Altitude: 1900 meter to 1800m

Distance: 4 km, **GRADE 1**

Base: Jabal Shams Resort on Jabal Shams Plateau

The route is marked and signposted which can be easily recognised by the brown coloured signboards pointing to the beginning of the marked treks. If you are inexperienced in hiking, we will be happy to organize a guide for a charge of OMR 30.